



First Aid Checklist



Presented by Huddlenet.com

First Aid Antibiotic Ointment

Adhesive Bandages (Assorted Sizes)

Cloth Tape

Gauze Pads (Assorted Sizes)

2 Surgical/Compress Dressings

Rolled Bandage

2 Triangular Bandages

Sterile Rolled Gauze

Antiseptic Wash

Hydrocortisone Creme

Analgesic Heat Rub

Sunscreen

Calamine Lotion

Aspirin

Non Aspirin

Anti-Diarrhea Medicine

Blanket

Breathing Barrier

Instant Cold Compress

Nonlatex Gloves (size: large)

Moleskin Padding

Eye Wash

Alcohol (Rubbing)

Hydrogen Peroxide

Cotton Swabs

Cotton Balls

Face Mask

Safety Pins

Needles

Oral Thermometer

Tweezers

Scissors

Pen or Small Flashlight

First Aid Instruction Booklet

Emergency Contact Numbers